

**AMENDMENTS TO THE CLAIMS:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Original) A solid lubricant for being embedded in pores or grooves formed at a sliding surface of a sliding member body, comprising 5 to 30% by volume of a polyethylene resin, 20 to 60% by volume of a hydrocarbon-based wax and 10 to 60% by volume of melamine cyanurate.
2. (Original) A solid lubricant according to claim 1, wherein said hydrocarbon-based wax is at least one material selected from the group consisting of paraffin waxes, polyethylene waxes and microcrystalline waxes.
3. (Previously Presented) A solid lubricant according to claim 1, further comprising as an additional component, at least one compound selected from the group consisting of higher-fatty acids, higher-fatty esters and higher-fatty amides in an amount of 1 to 10% by volume.
4. (Previously Presented) A solid lubricant according to claim 1, further comprising as an additional component, a metallic soap in an amount of 3 to 20% by volume.
5. (Previously Presented) A solid lubricant according to claim 1, further comprising as an additional component, a phosphate in an amount of 3 to 15% by volume.
6. (Previously Presented) A solid lubricant according to claim 1, further comprising as an additional component, a high-molecular weight polytetrafluoroethylene resin in an amount of 0.5 to 10% by volume.
7. (Previously Presented) A sliding member comprising a sliding member body, and the solid lubricant as defined in claim 1, which is embedded in pores and grooves formed at the sliding surface of the sliding member body.

8. (New) A solid lubricant for being embedded in pores or grooves formed at a sliding surface of a sliding member body, comprising 5 to 30% by volume of a polyethylene resin, 20 to 60% by volume of a hydrocarbon-based wax and 10 to 60% by volume of melamine cyanurate, the solid lubricant having a friction coefficient of not more than 0.100.